

# Lumina Chiropractic

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

E-mail: \_\_\_\_\_ SS#: \_\_\_\_\_

Marital Status: M S D W Occupation: \_\_\_\_\_

Emergency Contact Name & Phone #: \_\_\_\_\_

How did you find out about our office? \_\_\_\_\_

Name of Primary Doctor of Medicine/Clinic: \_\_\_\_\_

Name of Previous Doctor of Chiropractic/Clinic: \_\_\_\_\_

Approximate date of last visit to chiropractor: \_\_\_\_\_

Name of Insurance Company (if applicable) \_\_\_\_\_

I hereby authorize Lumina Chiropractic to administer examination or treatment as is necessary and certify no guarantees or assurances have been made to me as to the results that may be obtained. \_\_\_\_\_  
Initial Here

I give permission to Lumina Chiropractic to treat me in an open treatment area where other patients may overhear some of my protected health information, and I acknowledge that I can speak with the doctor in a private room at any time at my request. \_\_\_\_\_  
Initial Here

I authorize Lumina Chiropractic to provide my insurance company with a report of my physical examination, diagnosis, treatment, prognosis, etc. in regard to my treatment if requested by them. I authorize and direct payment to Lumina Chiropractic any sums that may be due for chiropractic services rendered to me. I understand that my insurance policy is a contract between myself and my insurance company, and that I am fully responsible to Lumina Chiropractic for all bills submitted for services rendered. I have read and agree to be bound by the terms of this assignment of health insurance benefits. \_\_\_\_\_  
Initial Here

Health Information Privacy Notice: All healthcare providers are required by law to advise you of how their office will use your protected health information. The entire notice is displayed in our reception area for your review, if you choose to read it in its entirety. Nothing in this notice will change the way we provide care, obtain payment, or run our office. Please read the Health Information Privacy Notice and initial, stating that you have been made aware of this Federal Health Information Policy. \_\_\_\_\_  
Initial Here

\_\_\_\_\_  
Patient's Signature (or legal guardian)

\_\_\_\_\_  
Date

Phone (910) 256-2655

Fax: (910) 256-2358

www.luminachiropractic.com

# Lumina Chiropractic Patient Health Questionnaire

Patient Name \_\_\_\_\_

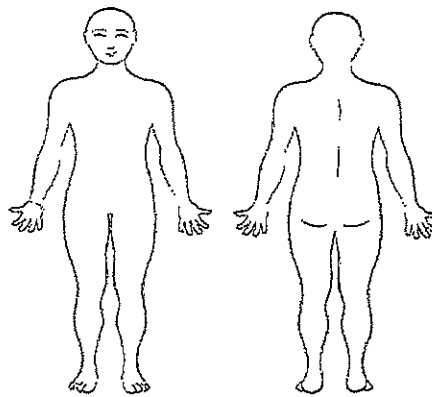
Date \_\_\_\_\_

1. Describe your symptoms, when you first noticed them, and how they began:

Symptom	When first noticed	How symptom began
1)		
2)		
3)		

2. How often do you experience your symptoms?

- Constantly (76-100% of the day)
- Frequently (51-75% of the day)
- Occasionally (26-50% of the day)
- Intermittently (0-25% of the day)



Indicate where your symptoms occur on the body diagram

3. Describe the timing of your symptoms?

- Worse in the morning
- Worse at the end of the day
- Worse at night
- The same throughout the day

4. What describes the nature of your symptoms?

Sharp Dull Aching Burning Shooting Throbbing Numb Tingling

5. Do your symptoms radiate into any of the following areas? Please Circle:

LEFT  RIGHT  BOTH

Shoulder			Arm			Elbows			Hands			Buttocks			Legs			Knees			Feet		
L	R	B	L	R	B	L	R	B	L	R	B	L	R	B	L	R	B	L	R	B	L	R	B

6. How are your symptoms changing since they began?

Getting Better  Not Changing  Getting Worse

7. On a scale of 1-10, how would you rate your symptoms at their worst? (1 being "no pain" and 10 being "Unbearable pain")

1(no pain)	2	3	4	5	6	7	8	9	10(unbearable pain)
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8. Who else have you seen for your symptoms?

Medical Doctor  Other Chiropractor  Physical Therapist  No One

9. Circle all activities that aggravate your condition/symptoms:

<input type="checkbox"/> Sitting	<input type="checkbox"/> Standing	<input type="checkbox"/> Walking	<input type="checkbox"/> Bending	<input type="checkbox"/> Stooping	<input type="checkbox"/> Lifting	<input type="checkbox"/> Sleeping	<input type="checkbox"/> Lying Down
<input type="checkbox"/> Movement	<input type="checkbox"/> Sneezing	<input type="checkbox"/> Coughing	<input type="checkbox"/> Straining	<input type="checkbox"/> Reaching	<input type="checkbox"/> Twisting	<input type="checkbox"/> Rest	<input type="checkbox"/> Driving
<input type="checkbox"/> Typing	<input type="checkbox"/> Computer Use	<input type="checkbox"/> Exercise	<input type="checkbox"/> Household Chores	<input type="checkbox"/> Looking Up	<input type="checkbox"/> Looking Down		

10. Height \_\_\_\_\_ ft. \_\_\_\_\_ in. Weight: \_\_\_\_\_

Patient Initials: \_\_\_\_\_

11. For each condition below, place a check mark in the "Past" column if you've had it in the past, and place a check mark in the "Present" column if you currently have it.

	Past	Present		Past	Present
Headaches			High Blood Pressure		
Neck Pain			Heart Attack		
Upper Back Pain			Chest Pains/Angina		
Mid Back Pain			Stroke		
Low Back Pain			Kidney Stones		
Shoulder Pain			Bladder Infection		
Elbow Pain			Loss of Bladder Control		
Wrist Pain			Prostate Problems		
Hand Pain			Abnormal Weight Loss		
Hip Pain			Loss of Appetite		
Knee Pain			Abdominal Pain		
Ankle Pain			Ulcers		
Foot Pain			Indigestion/Reflux		
Jaw Pain			Asthma		
Fatigue			Sinusitis		
Dizziness			Allergies		
Vertigo			Diabetes		
Sinus Pain			Depression		
Arthritis			Cancer/Tumor		

12. Females Only:

	Past	Present
Pregnancy		
Birth Control		
Hormone Replacement		

13. Indicate if an immediate family member has had any of the following:

	Mother	Father	Aunt	Uncle	Sister	Brother
Rheumatoid Arthritis						
Heart Problems						
Diabetes						
Cancer						
Lupus						
Other						

14. List all prescriptions and over-the-counter medications you are taking:

\_\_\_\_\_

15. List all surgical procedures you have had and/or any times you have been hospitalized:

\_\_\_\_\_

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**Lumina Chiropractic, PA**  
**INFORMED CONSENT FORM**

PATIENT NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

To the patient: Please read this entire document prior to signing it. It is important that you understand the information contained in this document. In anything is unclear, please ask questions before you sign.

**The nature of the chiropractic adjustment**

The primary treatment I use as a Doctor of Chiropractic is spinal manipulative therapy. I will use that procedure to treat you. I may use my hands or a mechanical instrument upon your body in such a way as to move your joints. That may cause an audible "pop" or "click," much as you have experienced when you "crack" your knuckles. You may feel a sense of movement.

**Analysis / Examination / Treatment**

As a part of the analysis, examination, and treatment, you are consenting to the following procedures:

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> spinal manipulative therapy | <input type="checkbox"/> palpation           | <input type="checkbox"/> vital signs                |
| <input type="checkbox"/> range of motion testing     | <input type="checkbox"/> orthopedic testing  | <input type="checkbox"/> basic neurological testing |
| <input type="checkbox"/> muscle strength testing     | <input type="checkbox"/> postural analysis   | <input type="checkbox"/> Laser Therapy              |
| <input type="checkbox"/> ultrasound                  | <input type="checkbox"/> hot/cold therapy    | <input type="checkbox"/> Electrical Stim            |
| <input type="checkbox"/> radiographic studies        | <input type="checkbox"/> mechanical traction | <input type="checkbox"/> Decompression Therapy      |
| <input type="checkbox"/> Massage Therapy             | Other (please explain) _____                 |   |

**The material risks inherent in chiropractic adjustment.**

As with any healthcare procedure, there are certain complications which may arise during chiropractic manipulation and therapy. These complications include but are not limited to: fractures, disc injuries, dislocations, muscle strain, cervical myelopathy, costovertebral strains and separations, and burns. Some types of manipulation of the neck have been associated with injuries to the arteries in the neck leading to or contributing to serious complications including stroke. Some patients will feel some stiffness and soreness following the first few days of treatment. I will make every reasonable effort during the examination to screen for contraindications to care; however, if you have a condition that would otherwise not come to my attention, it is your responsibility to inform me.

**The probability of those risks occurring.**

Fractures are rare occurrences and generally result from some underlying weakness of the bone which I check for during the taking of your history and during examination and X-ray. Stroke has been the subject of tremendous disagreement. The incidences of stroke are exceedingly rare and are estimated to occur between one in one million and one in five million cervical adjustments. The other complications are also generally described as rare.

**The availability and nature of other treatment options**

Other treatment options for your condition may include:

- Self-administered, over-the-counter analgesics and rest
- Medical care and prescription drugs such as anti-inflammatory, muscle relaxants and pain-killers
- Hospitalization
- Surgery

If you chose to use one of the above noted "other treatment" options, you should be aware that there are risks and benefits of such options and you may wish to discuss these with your primary medical physician.

**The risks and dangers attendant to remaining untreated**

Remaining untreated may allow the formation of adhesions and reduce mobility which may set up a pain reaction further reducing mobility. Over time this process may complicate treatment making it more difficult and less effective the longer it is postponed.

**DO NOT SIGN UNTIL YOU HAVE READ AND UNDERSTAND THE ABOVE.**

**PLEASE CHECK THE APPROPRIATE BLOCK AND SIGN BELOW**

I have read [ ] or have had read to me [ ] the above explanation of the chiropractic adjustment and related treatment. I have discussed it with Dr. Brian Heer or Dr. Ashly Smith and have had my questions answered to my satisfaction. By signing below I state that I have weighed the risks involved in undergoing treatment and have decided that it is in my best interest to undergo the treatment recommended. Having been informed of the risks, I hereby give my consent to that treatment.

Dated: \_\_\_\_\_

Dated: \_\_\_\_\_

\_\_\_\_\_  
Patient's Name

\_\_\_\_\_  
Doctor's Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Doctor's Signature

\_\_\_\_\_  
Signature of Parent or Guardian  
(if a minor)